

## A letter to my 16-year-old self

Do you know anybody that is 16 years old? If they asked you for some advice what would you tell them? Think of three things that might help them now and in the future.

1-

2-

3-

Compare your answers with another student. Did you write similar things?

Now imagine if the 16 year old is you when you were that age. Would you change your advice? Explain to a partner why/why not.

'Dear me' is a collection of letters written by celebrities now to themselves when they were only 16 years old. What would you say if you could send a letter to yourself at 16? Can you remember what you worried about and what help you needed? The book was published in 2010 by John Galliano and as well as the book there is also a website that has excerpts from the book and invites readers to submit their own letter.

Do you think it's an interesting idea for a book?

Who do you think the book is aimed at? Adults or teenagers?

Read the letter on the next page. It was written by the famous American author Stephen King. Make a note of any new vocabulary.

June 2010

Dear Me,

I'm writing to you from the year 2010, when I have reached the totally ridiculous age of sixty-two, in order to give you a piece of advice. It's simple, really, just five words: stay away from recreational drugs. You've got a lot of talent, and you're going to make lots of people happy with your stories, but—unfortunate but true—you are also a junkie waiting to happen. If you don't heed this letter and change the future, at least ten good years of your life—from age thirty to forty—are going to be a kind of dark eclipse where you disappoint a lot of people and fail to enjoy your own success. You will also come close to dying on several occasions. Do yourself a favor and enjoy a brighter, more productive world. Remember that, like love, resistance to temptation makes the heart grow stronger.

Stay clean.

Best regards,



<http://www.dearme.org/about/>

Published by John Galliano

